

Discharge Requirements Tip Sheet

Note: All Individuals beginning discharged into the community require a written order for each medication, treatment, assessment, measurement, protocol, or equipment.

Information needed for unlicensed laypersons to administer medications under a Medicaid Waiver system.

Prescription Requirements	 A complete written prescription for each medication, and or oxygen therapy, signed by the physician. Must also include: Purpose of medication and expected therapeutic response. Medication or food interactions, if any. Stop date for medication, if applicable. Specialty administration and/or storage instructions if any.
	 Parameters for 'holding' the dose. (Example: do not give if pulse is lower than). All over-the-counter (OTC) medications have the same requirements as prescriptions. drugs.
PRN Medication Requirements	 Specific instructions must be written to include all of the above and: Exact dosage to be given. Clear parameters for administering. (Example: give if crying for more than 5 min.) Expected therapeutic response. (Example: individual should have a BM within 1 hour.) Follow-up instructions, if therapeutic response is not achieved.
Psychotropic Medication Requirements	 All psychotropic medications require a stated diagnosis and a rationale. May require prescriber to complete an additional form to indicate reason medication is being prescribed.
Care Requirements & Therapies	 Follow-up requirements to the Primary Care Physician or required Specialist. Written orders for all medications, treatments, and therapies for each specialist. Written orders for Home Health nursing. Written protocols for all care concerns, such as: measuring vital signs, positioning, aspiration prevention, respiratory therapy, dietary modifications, wound care, etc.
Durable Medical Equipment Requirements	 All prescriptions should include a diagnosis and reason for equipment. Physician may write a list of possible adaptive equipment needs, to be assessed by the Physical Therapist.