

## July 2024

## Office of Integrated Health Supports Network

### The Office of Integrated Health – Health Supports Network Regional Community Nursing Meetings

*“A safe space for nurses to discuss challenges, experiences, and ask questions.”*

#### Goals

- To ensure individuals with intellectual and developmental disabilities are receiving needed services.
- To provide a forum in which nurses (and others) can discuss ideas, challenges, policy needs (e.g. health policies, which affect individuals with IDD, to bring policy needs forward.
- To provide a forum for caregivers to interact with state agency representatives, to express concerns, develop educational tools and resources, and further enhance train-the-trainer models.

#### Region 1: July 3, 2024

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/t/68b5638a-0ddd-4a86-bbde-2fc506e739da@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Kevyn Burn- [kburn@wallresidences.com](mailto:kburn@wallresidences.com)

#### Region 2: July 17, 2024

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/t/1a0e35da-f217-417f-8574-c0f1d72f0c89@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Beatrice Claiborne - [bclaiborne@mycri.org](mailto:bclaiborne@mycri.org)

#### Meetings Dates

**Regional Nursing Meetings  
will continue to be held  
virtually until further notice.**

#### Region 3: July 19, 2024

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/03cb6091-4a6d-4b69-b646-f0acfaf85f19@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Teresa Berry - [rnttb1@aol.com](mailto:rnttb1@aol.com)

#### Region 4: July 8, 2024

11am - 1:00pm

<https://events.gcc.teams.microsoft.com/event/6d9021f2-3e41-4edb-9b6e-5826ea5978f8@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Jeannette Gholson- [jjgholson.thc@gmail.com](mailto:jjgholson.thc@gmail.com)

#### Region 5: July 22, 2024

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/130552f3-7360-4757-a409-97530fafa1ae@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader: Marcia A. Lindsay-

Brothers - [mbrothers@chesapeakeibh.net](mailto:mbrothers@chesapeakeibh.net)

#### Virtual Meeting Platform:

- As of November 1<sup>st</sup>, 2023, the Regional Nursing Meetings will be conducted in the Microsoft Office TEAMS Webinar virtual platform. Registration will continue to be required to receive the meeting URL link, password, and phone access to each meeting. Registering using the URL link prior to the meeting date is recommended to avoid technical issues the day of the meeting.

#### Presentation:

- This month we will be hosting the DBHDS Regional Office of Licensing Representatives to discuss issues and concerns which they are seeing with agency providers surrounding emergency preparedness, staff competencies, and individual's safety.

#### Issues and Concerns Relevant to each Region:

- Open Group Discussion. Please feel free to share general issues or concerns you may be having, to obtain suggestions, resources and feedback from others. The meeting is a safe and supportive place for those providing care to individuals with IDD. Please do not share any personal health information about any individual.

#### Monthly CNE Opportunity: OIHSN Health & Safety Alert Review and Discussion:

- This month the Medical Emergency Policies, Plans and Drills Health & Safety Alert is the CNE topic. To receive **1 FREE CNE**, you must attend the meeting and return the quiz/evaluation by email, fax, or text. Just scan or take a picture of your completed quiz with your smart phone, and text or email it to your regional RNCC, with your name and email address clearly displayed. Your CNE certificate will be emailed back to you at the address on your quiz.

**NOTE: You don't have to be a nurse to attend. Anyone can attend the Regional Nurses Meeting of their choice. You do not have to attend the Regional Nursing Meeting where you work or reside. Simply register with the link provided to attend.**

#### The Office of Integrated Health Supports Network Registered Nurse Care Consultants

Tammie Williams: Community Nursing Education Lead- [tammie.williams@dbhds.virginia.gov](mailto:tammie.williams@dbhds.virginia.gov)

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Melissa Blevins: [melissa.blevins@dbhds.virginia.gov](mailto:melissa.blevins@dbhds.virginia.gov)

## July 2024

## Office of Integrated Health Supports Network

### July is UV Awareness Month

July is a good time to raise awareness about Ultraviolet (UV) sun rays are the root cause of most skin cancers. It is important to take precautions when outside in the sunshine.

The American Academy of Dermatology (AAD) Association recommends the public #PracticeSafeSun the year-round by following three simple steps while outdoors:

- Seek shade when appropriate.
- Wear sun-protective clothing.
- Apply a broad-spectrum, water-resistant sunscreen with an SPF of 30 or higher.



 <p>Make sure to apply a <b>broad-spectrum, water-resistant sunscreen</b> with an <b>SPF of 30 or higher</b> to all skin not covered by clothing.</p>	 <p>Reapply sunscreen <b>every two hours</b> when outdoors, or after swimming or sweating.</p>	 <p><b>Don't forget your feet!</b> When wearing sandals, flip-flops, or going barefoot, apply sunscreen to all exposed skin.</p>
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American Academy of Dermatology Association. (2024, June). This July marks UV awareness month. <https://www.aad.org/member/advocacy/promote/uv-sunscreen>

## The 5<sup>th</sup> Annual Statewide Nursing Conference

### Wednesday, October 16, 2024

**George Mason University's  
Verizon Auditorium  
10900 University Blvd.  
Manassas, Virginia 21000-2203**



***Lowering Risk of Urinary Tract Infection (UTI) Among Individuals with Intellectual and Developmental Disabilities (IDD): The Role of the Nurse in Community Settings.***

Registration opens July 1, 2024 and closes October 1, 2024. The ticket price is \$55.20 which includes a light breakfast, a box lunch, snacks throughout the day, and beverages. Two guest speakers, four break-out sessions, tours of the OIHSN MRE, and Dental mobile units, a vendor room, and door prizes. There are no refunds, tickets are transferrable only.

Register at <https://www.eventbrite.com/e/893912695937?aff=oddtcreator>.

*This is a very popular event so purchase your tickets early.*

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