

RQC-4 Learning Collaborative Session 4 Post-Quiz

Name: _____ Date: _____

Email Address: _____

Learning Collaborative Session 4 Quiz: (select all that apply)

1. What is needed to test urine for a urinary tract infection...
 - a. A culture and sensitivity (C&S) test.
 - b. Cleaning the perineal area.
 - c. Collection of a clean catch urine specimen.
 - d. None of the above.

2. When is the best time to collect a urine specimen...
 - a. At bedtime before the individual goes to sleep.
 - b. First thing in the morning.
 - c. When the urine has been sitting in the bladder for at least 2 hours.
 - d. Right after the individual has just urinated.
 - e. B & C.

3. A clean catch urine specimen kit should include...
 - a. A labeled specimen cup, and two sterile wipes.
 - b. A specimen cup, one sterile wipe and instructions.
 - c. A labeled specimen cup, two sterile wipes and instructions for use.
 - d. None of the above.

4. When collecting a clean catch urine specimen from an individual with IDD staff should?
 - a. Remain available to assist if needed.
 - b. Wear gloves.
 - c. Work together as a team to assist the individual when necessary.
 - d. All of the above.

5. What beverage should the individual be encouraged to drink to increase urine production?
 - a. Coffee.
 - b. Water.
 - c. Cranberry juice.
 - d. Coke-a-cola.

6. Individuals with IDD might have difficulty with the ability to collect a clean catch urine specimen because...
 - a. It's a new task or skill they have not done before.
 - b. It's a change in the way they would typically use the toilet.
 - c. Urinating in a specimen cup is new and different.
 - d. All of the above.

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7. What healthcare professional can help an individual with IDD with collecting a clean catch urine specimen?
 - a. Primary care provider (PCP).
 - b. Board Certificated Behavior Analyst (BCBA).
 - c. Occupational Therapist (OT).
 - d. All of the above.

8. What is the best language to use when explaining how to perform the skills needed to obtain a clean catch urine specimen to an individual with IDD?
 - a. Technical medical terms.
 - b. Language terms on the individual's level that they can understand.
 - c. Slang language.
 - d. None of the above.

9. A "toilet hat" is...
 - a. A device the nurse wears when collecting a urine specimen.
 - b. A device which is inserted under the toilet seat to collect urine.
 - c. Used once then thrown out with the regular trash.
 - d. B & C.

10. When an individual is not able to sit up-right on the commode a clean catch urine specimen can be obtained using...
 - a. A gel pack insert into an adult brief.
 - b. A sterile in-out catheterization.
 - c. A toilet hat.
 - d. A & B.

11. Right after a urine specimen is collected how much time do you have to get it back to the PCPs office or a laboratory for testing?
 - a. 2 days.
 - b. 4 hours.
 - c. 2 hours.
 - d. 8 hours.

12. How long can urine remain refrigerated before it is no longer suitable for testing?
 - a. 1 week.
 - b. 24 hours.
 - c. 12 hours.
 - d. 2 days.

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13. What are the two sterile wipes in the clean catch urine specimen kit used for?
 - a. Cleaning the rectum.
 - b. Cleaning the specimen cup.
 - c. Cleaning the individual's hands before urinating.
 - d. Cleaning around individual's urethra opening.

14. The most difficult part of a clean catch urine specimen for individuals to do is...
 - a. Urinating a little bit then stopping mid-stream.
 - b. Urinating in a small cup.
 - c. Nothing.
 - d. A & B.

15. The most important thing to do to reduce the occurrence of a urinary tract infection in a female it is...
 - a. Cough and deep breathe.
 - b. Wipe from back to front moving bacteria toward the urethra.
 - c. Wipe from front to back moving bacteria away from the urethra.
 - d. None of the above.

Learning Collaborative Session 4 Evaluation:

1. Did you find this training helpful?
 - a. Yes
 - b. No

2. Was the information reviewed in this training applicable to your daily routine?
 - a. Yes
 - b. No

3. Did the speakers seem knowledgeable about the subject matter?
 - a. Yes
 - b. No
 - c. N/A

4. In your opinion, was the length of this training?
 - a. Too long
 - b. Too short
 - c. About right

5. What other training topics are you interested in learning more about?
