



The Office of Integrated Health Supports Network (OIHSN) at the Department of Behavioral Health and Developmental Services (DBHDS) offers virtual trainings for caregivers of individuals with intellectual and developmental disabilities (DD).

- ★ Pre-registration is required for all virtual training sessions.
- ★ After registering a link will be sent via email to add to your calendar with the link needed to enter the training on the day of.
- ★ Attendees of each OIHSN training sessions will receive a certificate of participation, and a .pdf copy of the PowerPoint presentation along with any other educational materials where applicable.

OIHSN Trainings are also available on the Commonwealth of Virginia Learn Center (COVLC) at no cost to provider agencies.

- ★ To set-up an account go to dbhdscovlchelpdesk@dbhds.virginia.gov
- ★ Follow the instructions to complete the COVLC account set-up <https://dbhds.virginia.gov/wp-content/uploads/2023/09/COVLC-INSTRUCTIONS.09.23.02.pdf>
- ★ Available 24 hours a day – 7 days a week.
- ★ Each staff-member/caregiver can have their own account connected to an email.
- ★ Provider agencies can track employee progress.
- ★ Downloadable resources and certificate of completion available with each training.

Training Title	Description	Date and Time	Registration Link
Skilled Nursing/ Private Duty Nursing	This training covers allowable activities, required initial documentation for submission to initiate nursing services, supporting documentation necessary for the continuation of nursing services, service limitations, the implementation process, and helpful hints to support the individual, providers and case managers.	Tuesday July 9, 2024, 10:00 a.m. – 12:00 p.m.	https://events.gcc.teams.microsoft.com/event/e1a0acf8-6f7a-4c26-9b67-e5f1a764f151@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
Diabetes Part 2	This training will review Diabetes management and complications. It will cover dietary strategies for managing diabetes, super foods, and treatments. Types of physical activities best for diabetics, and barrier to physical activity for individuals with IDD. It will discuss the healthcare professional on the care team, foot care tips., skin care tips, and eye care tip.	Thursday , July 11, 2024, 10:00 a.m. – 12:00 p.m.	https://events.gcc.teams.microsoft.com/event/fb8ec89-e891-4873-b550-73f5b97a8c22@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
Recognizing Rapidly Declining Health	This training will review how to recognize physical changes in individuals with IDD. Learn about the types of diagnostic tests, preventive healthcare, observations which should alert caregivers, and barriers to treatment. A decision tree addressing emergency situations and a non-emergency situations to walk caregivers through the process of getting the individual to the right healthcare professional.	Tuesday July 23, 2024, 1:00 p.m. – 3:00 p.m.	https://events.gcc.teams.microsoft.com/event/b1e23b13-9423-44b5-9eba-757496d5b62a@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
COVLC My Care Passport & Advocacy Tip Sheets	Training will review the background of the Passport concept, how to complete the Microsoft fillable file, types of information to include in each section, and how the My Care Passport along with the Advocacy Tip Sheets can be used to bridge the communication gap between the community caregiver and the staff in acute care settings to improve care and outcomes for the individual with DD.	24 hours a day - 7 days a week.	dbhdscovlchelpdesk@dbhds.virginia.gov to set-up an account
Transfers Training	Define transfers, common pieces of equipment, how to prepare to perform a transfer, how to lower the risk of injury to yourself or the individual and the different methods which can be used to perform a transfer. Review the steps involved in a safe transfer and become familiar with resources involved in repairing durable medical equipment.	Thursday August 1, 2024, 10:00 a.m. – 12:30 p.m.	https://events.gcc.teams.microsoft.com/event/7c419fc9-d680-4bbf-af38-3989c4cf46ab@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
Wheelchair Transitioning Training	This training reviews wheelchair safety guidelines, the WC-19 wheelchair safety label and requirements, and how to avoid injury to self or an individual during wheelchair transfers. How to operate vehicle wheelchair lift systems, tie-downs systems for safe vehicle transportation and safe versus unsafe loading procedures.	Tuesday August 6, 2024, 1:00 p.m. – 3:00 p.m.	https://events.gcc.teams.microsoft.com/event/e052990c-8d0b-4005-a173-be19df18017c@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
VDH Special Needs Oral Health	Learn strategies to support individuals to improve oral care and prevent diseases of the mouth. Participants will have the information and tools to share with other staff in their agencies and improve overall staff training.	Tuesday August 20, 2024, 10:00 a.m. – 12:30 p.m.	https://us06web.zoom.us/j/8122222222?pwd=ZUJlc0mqrT4uGtzpnChEdvIQRL2L3KrYY9zv
Dysphagia & Modified Diets	Signs, symptoms, and risks related to dysphagia. The effects on individual's quality of life. The connection to aspiration pneumonia and choking. Identify how mealtime behaviors, medications, and some foods increase risk dysphagia. How dysphagia is diagnosed, tests and the physicians involved. How different food and liquid textures affect an individual's ability to swallow.	Date To Be Determined	
Skin Integrity & Pressure Injuries	Learn about the factors which can cause skin breakdown, how to provide good skin care while bathing, positioning, and changing individuals with high personal care needs. Learn about the healthcare professionals who are involved in the treatment, how caregivers can help to prevent pressure injury, an understanding of how to properly document pressure injury with skin breakdown, and when to report.	Date To Be Determined	