

August 2024

Office of Integrated Health Supports Network

The Office of Integrated Health – Health Supports Network Regional Community Nursing Meetings

“A safe space for nurses to discuss challenges, experiences, and ask questions.”

Goals

- To ensure individuals with intellectual and developmental disabilities are receiving needed services.
- To provide a forum in which nurses (and others) can discuss ideas, challenges, policy needs (e.g. health policies, which affect individuals with IDD, to bring policy needs forward.
- To provide a forum for caregivers to interact with state agency representatives, to express concerns, develop educational tools and resources, and further enhance train-the-trainer models.

Region 1: August 7, 2024

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/t/56f08235-605e-41fe-902f-6678b9e5d315@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Kevyn Burn- kburn@wallresidences.com

Region 2: August 21, 2024

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/t/e0e0b5a0-0788-4910-8526-0ef09c0db26e@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Beatrice Claiborne - bclaiborne@mycri.org

Meetings Dates

**Regional Nursing Meetings
will continue to be held
virtually until further notice.**

Region 3: August 16, 2024

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/0a5786aa-a163-4a31-b597-6f8894ad64d4@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Teresa Berry - rnttb1@aol.com

Region 4: August 12, 2024

11am - 1:00pm

<https://events.gcc.teams.microsoft.com/event/721edda9-e135-4689-b06f-18934afea820@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Jeannette Gholson- jgholson.thc@gmail.com

Region 5: August 26, 2024

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/63e40583-4e26-49ac-9ef7-a986e3cb3630@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader: Marcia A. Lindsay-

Brothers - mbrothers@chesapeakeibh.net

Virtual Meeting Platform:

- As of November 1st, 2023, the Regional Nursing Meetings will be conducted in the Microsoft Office TEAMS Webinar virtual platform. Registration will continue to be required to receive the meeting URL link, password, and phone access to each meeting. Registering using the URL link prior to the meeting date is recommended to avoid technical issues the day of the meeting.

Presentation:

- This month the RNCCs will be reviewing the Common Medical Emergency case scenarios and discussing the upcoming 5th Annual Statewide Nursing Meeting to be held in Region 2.

Issues and Concerns Relevant to each Region:

- Open Group Discussion. Please feel free to share general issues or concerns you may be having, to obtain suggestions, resources and feedback from others. The meeting is a safe and supportive place for those providing care to individuals with IDD. Please do not share any personal health information about any individual.

Monthly CNE Opportunity: OIHSN Health & Safety Alert Review and Discussion:

- This month Common Medical Emergencies Health & Safety Alert is the CNE topic. To receive **1 FREE CNE**, you must attend the meeting and return the quiz/evaluation by email, fax, or text. Just scan or take a picture of your completed quiz with your smart phone, and text or email it to your regional RNCC, with your name and email address clearly displayed. Your CNE certificate will be emailed back to you at the address on your quiz.

NOTE: You don't have to be a nurse to attend. Anyone can attend the Regional Nurses Meeting of their choice. You do not have to attend the Regional Nursing Meeting where you work or reside. Simply register with the link provided to attend.

The Office of Integrated Health Supports Network Registered Nurse Care Consultants

Tammie Williams: Community Nursing Education Lead- tammie.williams@dbhds.virginia.gov

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Bridget Kopf: bridget.kopf@dbhds.virginia.gov

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August 2024

Office of Integrated Health Supports Network

The 5th Annual Statewide Nursing Conference

Wednesday, October 16, 2024

George Mason University's
Verizon Auditorium
10900 University Blvd.
Manassas, Virginia 21000-2203



Lowering Risk of Urinary Tract Infection (UTI) Among Individuals with Intellectual and Developmental Disabilities (IDD): The Role of the Nurse in Community Settings.

The ticket price of \$55.20 includes a light breakfast, a box lunch, snacks throughout the day, and beverages. Two guest speakers, four break-out sessions, tours of the OIHSN MRE, and Dental mobile units, a vendor room, and door prizes. There are no refunds, tickets are transferrable only.

Register at <https://www.eventbrite.com/e/893912695937?aff=oddtcreator>

This is a very popular event so purchase your tickets early!

National Immunization Awareness Month (NIAM)

National Immunization Awareness Month (NIAM) is an annual observance held in August to highlight the importance of routine vaccination for people of all ages.

5 Reasons it is Important for Adults to Get Vaccinated

1. Vaccines have saved lives for over 100 years—but serious disease is still a threat.

The protection some vaccines provide can fade over time and might need additional vaccine doses (boosters) to maintain protection. For example, adults should receive a tetanus booster every 10 years to protect against infection from dirty wounds.

2. Vaccines are the best way to protect against preventable disease.

Vaccines help the body create protective antibodies—proteins that help it fight off infections.

3. Vaccines can prevent serious illness.

Some vaccine-preventable diseases can have serious complications or even lead to later illnesses. Vaccination provides protection not only against the disease itself but also against the dangerous complications or consequences that it can bring.

4. Vaccines are safe.

Vaccines can have side effects, but most people experience only mild side effects—if any—after vaccination. The most common side effects are fever, tiredness, body aches, or redness, swelling, and tenderness where the shot was given. Mild reactions usually go away on their own within a few days. Serious or long-lasting side effects are extremely rare, and vaccine safety is continually monitored.

5. Vaccines may be required.

Students, military personnel, and residents of rehabilitation or care centers must be vaccinated against diseases that circulate in close quarters. Health care workers and others whose job puts them at risk of catching and spreading preventable diseases need to be vaccinated against them. Vaccination is required before travel to many places around the world and vaccines can be required for everyday activities as well as for extraordinary situations.

Recommended Vaccine Schedule for Adults: <https://www.cdc.gov/vaccines/adults/rec-vac/index.html>

Reference - [The Centers for Disease Control and Prevention \(CDC\). \(2023, July\). National Immunization Awareness Month \(NIAM\). National Center for Immunization and Respiratory Diseases.](#)



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