

Q & A from 8/30/2024 DBHDS webinar, “BSPARI Reviews Update”

Audience question	DBHDS and DMAS response:
<p>We recently had someone renew a Part V for Therapeutic Consultation and pended the plan asking for a breakdown of how the requested hours will be used. Is there a standard format or categories that we should be breaking our authorized hours into?</p>	<p>There is not a standardized format, but the provider may use a table to break down the allowable activities and the number of hours tied to those activities. The hours for each allowable activity must total the hours requested for the entire authorization.</p>
<p>Will the BSPARI review process be used by DMAS?</p>	<p>The BSPARI process is not used by DMAS as part of its Quality Management Review (QMR) process.</p> <p>DBHDS created BSPARI to determine adherence the minimum BSP content areas as outlined in the regulations that govern therapeutic consultation behavioral services (12VAC30-122-550), along with the corresponding minimum elements for those BSP content areas as outlined in the DBHDS/DMAS Practice Guidelines for Behavior Support Plans.</p>
<p>What areas in BSPARI reviews are the most frequently absent? In other words, what elements are most consistently not meeting the requirements of the Practice Guidelines.</p>	<p>Currently, the elements we see absent most frequently are as follows:</p> <ul style="list-style-type: none"> • Replacement/desired behaviors: missing operational definitions, missing graphs • Plan revisions and updates: missing revision history and updates made within the plan, graphs missing indicators like condition/phase change lines to show a treatment update • Known history of previous services and impact on behavior: missing impact of previous services, or missing indication that this is “unknown” (when applicable) • Trauma history, cultural/heritage considerations, and non-operant conditions influencing behavior missing (or missing info that this is “unknown” or “not applicable”) • Summary progress statements for graphs missing • Dated and signed copy of behavior support plan