

December 2024

Office of Integrated Health Supports Network

The Office of Integrated Health – Health Supports Network Regional Community Nursing Meetings

“A safe space for nurses to discuss challenges, experiences, and ask questions.”

Goals

- To ensure individuals with intellectual and developmental disabilities are receiving needed services.
- To provide a forum in which nurses (and others) can discuss ideas, challenges, policy needs (e.g. health policies, which affect individuals with IDD, to bring policy needs forward).
- To provide a forum for caregivers to interact with state agency representatives, to express concerns, develop educational tools and resources, and further enhance train-the-trainer models.

Region 1: December 4, 2024

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/t/91c569cd-cc87-432e-97f6-02058107f752@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Kevyn Burn- kburn@wallresidences.com

Region 2: December 18, 2024

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/t/5881d62d-111e-489a-8283-dfafd9de6f7f@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Beatrice Claiborne - bclaiborne@mycri.org

Meetings Dates

**Regional Nursing Meetings
will continue to be held
virtually until further notice.**

Region 3: December 20, 2024

10am - 12:00pm

***This meeting will be IN-PERSON at
Mount Rogers Community Services***
770 West Ridge Road
Wytheville VA 24382

Community Nurse Leader: Daphne

Wren - daphne.wren@mountrogers.org

Region 4: December 9, 2024

11am - 1:00pm

<https://events.gcc.teams.microsoft.com/event/b50d18d9-bce3-4f54-adc3-3e852abca485@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Jeannette Gholson- jgholson.thc@gmail.com

Region 5: No Meeting in December

** Region 5 will **NOT** be hosting a Regional Nursing Meeting this month due to the upcoming holidays this month. **

Community Nurse Leader: Marcia A. Lindsay-

Brothers - mbrothers@chesapeakeibh.net

Virtual Meeting Platform:

- As of November 1st, 2023, the Regional Nursing Meetings will be conducted in the Microsoft Office TEAMS Webinar virtual platform. Registration will continue to be required to receive the meeting URL link, password, and phone access to each meeting. Registering using the URL link prior to the meeting date is recommended to avoid technical issues the day of the meeting.

Presentation:

- The RNCCs in each Region will be discussing holiday activities and events, as well as providing a list of FREE inclusive IDD friendly activities for the holidays.

Issues and Concerns Relevant to each Region:

- Open Group Discussion. Please feel free to share general issues or concerns you may be having, to obtain suggestions, resources and feedback from others. The meeting is a safe and supportive place for those providing care to individuals with IDD. Please do not share any personal health information about any individual.

Monthly CNE Opportunity: OIHSN Health & Safety Alert Review and Discussion:

- This month we will not be reviewing a Health & Safety Alert or an associated quiz, or offering a free CNE due to the holidays. CNE Health & Safety Alerts with CNEs will resume in January, 2025.

NOTE: You don't have to be a nurse to attend. Anyone can attend the Regional Nurses Meeting of their choice. You do not have to attend the Regional Nursing Meeting where you work or reside. Simply register with the link provided to attend.

The Office of Integrated Health Supports Network Registered Nurse Care Consultants

Tammie Williams: Community Nursing Education Lead- tammie.williams@dbhds.virginia.gov

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Bridget Kopf: bridget.kopf@dbhds.virginia.gov

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Katherine Rice: katherine.rice@dbhds.virginia.gov

Marylou Bryan: marylou.bryan@dbhds.virginia.gov

Melissa Blevins: melissa.blevins@dbhds.virginia.gov

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Virtual Trainings for January 2025

Seizures

Review what a seizure is, the different types of seizures, potential causes, signs and symptoms, how individuals with intellectual and developmental disabilities are at a higher risk for seizures, complication, the role of the healthcare provider, and treatments.

Thursday, January 16, 2025, 1:00 p.m. – 2:00 p.m.

Registration link: <https://events.gcc.teams.microsoft.com/event/d24d36bc-49c3-4596-9e5c-5346093c0df2@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Skin Integrity

Learn about how to provide good skin care to individuals at high risk for skin breakdown, factors that lead to pressure injuries, the role of the healthcare professional, when to report findings, how to help prevent pressure injuries, and how to properly document skin breakdown.

Tuesday, January 28, 2025, 10:00 a.m. – 11:00 a.m.

Registration link: <https://events.gcc.teams.microsoft.com/event/28d7e6ac-17f7-40ac-b047-6c4361a9d942@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Visit the COVLC website to complete our Falls for Individuals with Intellectual and Developmental Disabilities training and more.

If you do not have an account on the COVLC, visit dbhdscovlchelpdesk@dbhds.virginia.gov to set-up an account



Virginia Medicaid

Department of Medical Assistance Services

The New Year is a Great Time to Schedule an Annual Physical or Wellness Exam!

Adult Medicaid members receive coverage for preventive services. Preventive services are defined as routine health care that includes screenings, check-ups, and patient counseling to prevent illnesses, disease, or other health problems.

Preventive services can help people improve their overall health before something becomes a larger problem. This coverage is provided by DMAS for all adult Medicaid members as a proactive step to help improve overall health to all members. Medicaid members should contact their primary care doctor to schedule one of these preventive services.

<https://www.dmas.virginia.gov/for-members/benefits-and-services/adult-preventive-services/#:~:text=Adult%20Medicaid%20members%20now%20receive,disease%2C%20or%20other%20health%20problems>



HAPPY HOLIDAYS



From the Office of Integrated Health Supports Network

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