

# NEWSLETTER

ISSUE NO.1 | AUGUST - 2024 |



## RECENT NEWS

*We are happy to share with you all, the new training materials! They can be found on site by Aug. 30<sup>th</sup>. Also, what are the next steps for REVIVE!?*

## HIGHLIGHTS

*Did you know Overdose Awareness Day is August 31<sup>st</sup>? Additionally, Next month is National Recover Month!*

## A HEART FELT THANK YOU REVIVE! TRAINERS!

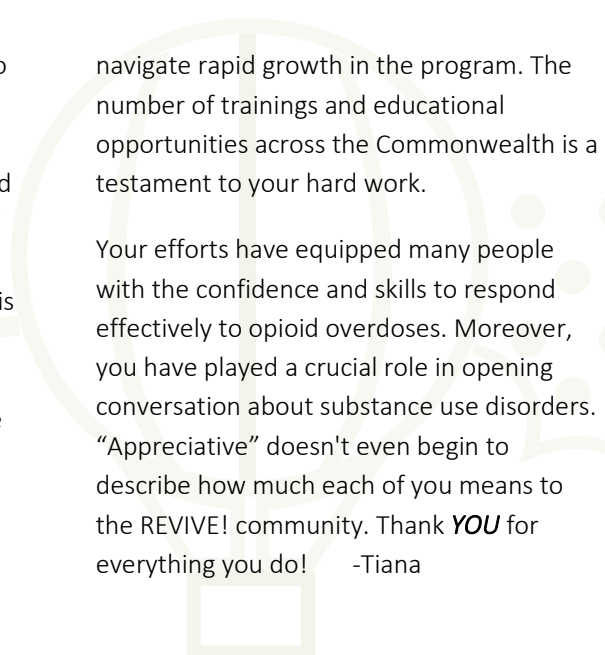
I want to express my deepest gratitude to all of you for your unwavering dedication and hard work. Since the beginning of REVIVE! in 2013, our program has evolved and persevered, even through the challenges brought by the COVID-19 pandemic. REVIVE! would not be what it is today without your commitment to keeping the trainings going and pushing through every obstacle. I truly appreciate your patience and understanding as we

navigate rapid growth in the program. The number of trainings and educational opportunities across the Commonwealth is a testament to your hard work.

Your efforts have equipped many people with the confidence and skills to respond effectively to opioid overdoses. Moreover, you have played a crucial role in opening conversation about substance use disorders. “Appreciative” doesn't even begin to describe how much each of you means to the REVIVE! community. Thank **YOU** for everything you do! -Tiana

## FAQ'S OF THE MONTH!

*“What’s going on with the REVIVE! Kits?”  
We understand many of you are eagerly awaiting your kits. And yes, the link to order kits is temporarily closed. Read below for the scoop!*



Mark your calendars—International Overdose Awareness Day is on August 31, 2024! This day is dedicated to raising awareness about overdose prevention, reducing stigma, and remembering those who have lost their lives to overdose. Thanks to everyone who has participated and filled out the survey. Visit our website for more information on events happening for IOAD. Please share your event stories @revive.dbhds.virginia.gov.

Looking ahead, September is National Recovery Month—a time to celebrate the gains made by those in recovery and to promote the message that recovery in all its forms is possible. Additionally, we will be celebrating Addiction Professionals Day on September 20th! Let’s take this opportunity to recognize and appreciate the incredible work being done by professionals in the field.



# International Overdose Awareness Day

## REVIVE! News

Updated translated PowerPoints, brochures and Instructional cards will be available to all trainers by August 30<sup>th</sup>! Find them under “Trainer Resources” at the [REVIVE! Site here](#). We are currently working on efforts to provide video modules such as REVIVE! 101 and REVIVE! Teens. Stayed tuned to your emails and news letter updates to come!

“I believe we are here on the Earth to live, grow up and do what we can to make this world a better place for all people to enjoy freedom.”

*Rosa Parks*

## “WHERE ARE THE REVIVE! KITS?”

They are currently in the process of being made, printed, and stitched as we speak. Alas, it takes some time to produce the 20,000 kits, which then need to be assembled and shipped to us. Once received, we work diligently to separate and distribute them to over 700 trainers throughout the Commonwealth. We appreciate your patience and understanding. Notice of availability will be announced.

## “What can we do in the meantime?”

- 1.) Print brochures and distribute information about yourself and your local resources!
- 2.) Consistently hosting groups or events and have the financial means through your agency or organization? Consider making your own bags!



**Reduce Risk!**  
Main risks linked to overdose include:  
- Mixing different substances  
- Using drugs when alone  
- History of previous, non-fatal overdoses

**Recognize and Respond to an Opioid Overdose**  
Someone may have overdosed if they:  
- have infrequent or stopped breathing  
- are unresponsive to stimuli  
- have slow or no heart rate and/or pulse  
- have deep snoring or gurgling  
- have pale or clammy skin. For lighter skinned people, the skin tone turns bluish purple; for darker skinned people, it turns grayish or ashen.

**Respond with Naloxone**  
Check for Responsiveness:  
- Call 911  
- Administer Naloxone

**What is an Overdose?**  
When a person consumes more opioids than their body can tolerate, it can stop certain nervous system functions such as breathing and heartbeat.

**Recovery Position**  
If the person begins breathing on their own, or if you have to leave them alone, put them in the recover position.

**Reminder:** Kits are most effective when paired with naloxone. It is intended to serve a specific purpose, not as a promotional item.