

## Welcome to the 5<sup>th</sup> Recovery Leadership Academy



### **BEFORE completing the RLA application:**

1. Review requirements below to see if you qualify
2. Supervisor must agree to the time commitment.
3. Reserve training dates on your calendar now so that if you are accepted, there are no travel, work, training, or family commitments to interfere with your participation. ↓



### **REQUIREMENTS TO PARTICIPATE IN THIS PROGRAM:**

***You must be able to answer yes to the following and be present at all training/meetings. No exceptions.***

1. I am a Certified Peer Recovery Specialist (CPRS) or a National Certified Peer Recovery Support Specialist (NCPRSS).
2. I have lived experience of recovery from mental health, substance use, gambling challenges OR
3. I have lived experience of navigating the behavioral health system as a parent or caregiver
4. I am self-motivated, exhibit leadership potential, and am open to personal change.
5. I am committed to the behavioral health field.
6. I have a minimum of two years employed or volunteer experience in field (part-time or full-time).
7. I have a good grasp of the behavioral health system: knowledge and experience of direct service in a variety of peer roles (PACT, IOP, ER, HFW, etc.)
8. I aspire to a leadership role and demonstrate leadership potential
9. I have excellent organizational skills
10. I am willing to commit to the entire process and available on ALL dates listed below.
11. My supervisor has agreed to my participation and will provide a recommendation for me.
12. I have experience in creating professional relationships and networks.
13. Upon graduation, I commit to serve as a Mentor for at least one cohort and ongoing involvement with the Recovery Leadership Academy.
14. I have excellent computer skills, daily access to a computer, email, and online resources between November 2024 and August 2025, and am willing to participate in a virtual community.
15. I have participated in multiple Zoom meetings and able to interact virtually with colleagues.
16. Mandatory participation:
  - a. Two pre-training assessments
  - b. One thirty-minute feedback session on assessments (Zoom)
  - c. SEVEN, 6.5-hour virtual training sessions and ONE in-person closing session in Richmond\*
  - d. Fully contribute to Capstone Team Project, Capstone Proposal, and Presentation
  - e. Meet with a mentor for 90 minutes per month from April to August.
17. My Supervisor/the SPONSORING ORGANIZATION is able and willing to support the leadership development of the applicant by allowing time to participate in the application process, pre-training assessments, seven, 6.5-hour training sessions, virtual meetings with their Capstone Team (on average 5-10 hours per month) and Mentor (2-4 hours per month), and the August recognition/closing event in Richmond.

## TO APPLY

1. Confirm with your supervisor and significant others that you can commit to the Academy.
2. Forward this entire document to your supervisor. They need to know how much time is required and agree to give you the flexibility to participate.
3. Supervisor: Click [here](#) to submit support of application and recommendation by **5pm Monday, November 11**
4. Applicant: Click [here](#) to submit your application by **5pm on Tuesday, November 12.**
5. Incomplete applications will **not** be considered.
6. Applicants will be selected by the *Recovery Leadership Academy Selection Committee*.

## NEED MORE INFORMATION?

[Join](#) the Zoom information session on **Tuesday, October 22 at 12pm** and we'll answer all your questions!

## ACCEPTED APPLICANTS

- Will attend all Training sessions
- Will participate in all Capstone team meetings – dates determined by team members
- Will coordinate meetings with Mentors – dates determined by you and your Mentor
- Will arrange work obligations, jury duty, doctor appts, car repair, family vacations, childcare, etc. so that they do not conflict with these meetings.

**If you are unable to attend required meetings, you will be dismissed from the program.**

## IMPORTANT PRE-TRAINING DATES

Thu Oct 10	Recruitment Letter & Applications – DBHDS Office of Recovery Services email blast
Tues Oct 22	RLA Information Session, 12pm – 1pm – see if this program is right for you!
Tues Nov 12	Applications due
Tues Dec 3	Applicants notified of status: accept/defer
Mon Dec 9	Applicant makes commitment – in writing – to attend all sessions - signs contract

**If you are accepted, you are referred to as *Emerging Leaders (ELs)*:**

Wed Dec 11	ELs submit: favorite song; a happy photo; 6 bullet points that describe WHY you are who you are - to Sally	
Fri Dec 13	Assessments completed by ELs	.5 hr
M-F Dec 16 – 20	Individual feedback sessions - ELs participate in <b>one</b> 30-minute session	.5 hr
M-F Jan 6 – 10	Individual feedback sessions	

## TRAINING SESSIONS

		<b>2<sup>nd</sup> Tuesdays</b>	<b>9:00am - 3:30pm</b>	<b>45.5 hrs</b>
Tues. Jan 14	Session 1	Virtual	Self-Awareness, Emotional Intelligence, Unconscious Bias	
Tues. Feb 11	Session 2	Virtual	Leadership Models & Vision	
Tues. Mar 11	Session 3	Virtual	Political Savvy, Partnerships & Coalitions	
Tues. Apr 8	Session 4	Virtual	The Business Side of Leadership Mentor Orientation How to Create an Individual Leadership Development Plan ELs Meet your Mentor!	
Tues. May 13	Session 5	Virtual	How to Create Capstone Project & Proposal	
Tues. Jun 10	Session 6	Virtual	Team Building & Motivational Techniques	
Tues. Jul 8	Session 7	Virtual	Platform Skills/Transformational Leadership	
Tues. Aug 11/12	Session 8	Virtual	Closing Session-Roslyn Retreat Center-RVA	<b>7.5 hrs</b>

**Continuing education contact hours: 54.0 hrs**