Service Selection Guide for DD Waivers

This guide helps you choose services and providers for the Developmental Disability (DD) Waivers. It will help you learn about services you can choose and give you resources to find providers. You can see a list of all DD Waiver services and what they mean by type of waiver on the following pages.

First, your Support Coordinator can give you a list of local services and providers to help you choose what works best for you. They can also talk about which services might work best for you, as well as how different services can work together to support you. Here are some on-line resources that can help too:

- Search for local providers of DD Waiver services and other community resources at: https://mylifemycommunityvirginia.org/
- Locate providers with DBHDS confirmed program features related to complex medical supports, complex behavioral supports, autism expertise, and accessible settings at: https://mylifemycommunityvirginia.org/find-provider
- Locate Therapeutic Behavioral Consultation providers through the DBHDS search engine by selecting "finding providers" at: https://dbhds.virginia.gov/developmental-services/behavioral-services/
- Search for DBHDS licensed providers and view the locations, investigations, and inspections for selected services under "Licensed Provider Search" at: https://dbhds.virginia.gov/clinical-and-quality-management/office-of-licensing/

Next, you can talk with other individuals receiving BI/ FIS/CL Waiver services who live and work successfully in the community or with their family members. Here's who you can contact:

- You may contact the Center for Family Involvement at 877-567-1122 or visit https://cfi.partnership.vcu.edu to connect with individuals and families who have waiver services.
- If you have questions about Peer Mentoring contact: The Arc of Virginia at 804-649-8481 or at thearcofva.org. You can submit a request for a Peer Mentor at https://thearcofva.app.neoncrm.com/forms/peer-mentor-interest-form.

If you want help talking to other families or finding a peer mentor, your Support Coordinator can connect you with the resources mentioned above. Contact your Support Coordinator to ask for help.

If you are thinking about living in a place with five or more people, like a group home, a facility for people with intellectual disabilities, a training center, or a nursing home, your Support Coordinator will ask a group called a Regional Support Team (RST) to review your decision. The RST is a group of experts who make sure you have all the information you need. You and your family will not go to the RST meeting, but your Support Coordinator with share their recommendations with you. After talking with you, your Support Coordinator will send this information through the Waiver Management System (WaMS) within five days. WaMS collects details about the services and providers you considered and why you did or did not choose each one.

We hope this information helps you choose the best services and providers for your needs. If you have any questions or need more assistance, please reach out to your Support Coordinator. They are here to help you make informed decisions and find the right resources.

DBHDS
Virginia Department of Behavioral Health and Developmental Services

Overview of DD Waiver Services in Each DD Waiver

This overview table describes the services available in each waiver. The columns on the left show which waivers have the listed service. Check marks mean the service is available in the waiver.

BI	FI	CL	Employment and Day Options
√	√	√	**Individual Supported Employment** is provided one-on-one by a job coach who offers training and support in a competitive job where persons without disabilities are employed.
√	√	√	**Group Supported Employment** is continuous employment-related support provided to a group of individuals working a competitive job where persons without disabilities are employed.
	√	√	**Workplace Assistance** is provided to someone who requires more than typical job coach services to maintain individual, competitive employment.
√	√	√	**Community Engagement** provides a wide variety of opportunities to build relationships and natural supports in the community, while utilizing the community as a learning environment. Occurs in the community.
√	√	√	**Community Coaching** is designed for individuals who need one-to-one support in order build a specific skill or skills to address barrier(s) that prevents that person from participating in Community Engagement. Occurs in the community.
√	√	√	**Group Day** includes skill-building and support to gain or retain social skills, self-help skills and other necessary skills to enhance independence and increase community integration. Can occur in a center and the community.
BI	**FI**	**CL**	**Crisis Support Options**
√	√	√	**Center-based crisis supports** provide long-term crisis prevention and stabilization in a residential setting (Crisis Therapeutic Home) through planned and emergency admissions.
√	√	√	**Community-based crisis supports** are provided in the individual's home and community setting. Crisis staff work directly with and assist the individual and his/her current support provider or family. These services provide temporary intensive supports to emergency psychiatric hospitalization, institutional placement or prevent other out-of-home placement.
√	√	√	**Crisis support services** provide intensive supports to stabilize the individual who may experience an episodic behavioral or psychiatric crisis in the community which has the potential to jeopardize his/her current community living situation.

BI	FI	CL	Additional Options
√	√	√	**Assistive technology** is specialized medical equipment, supplies, devices, controls, and appliances, not covered by insurance which enables individuals to increase their independence in their environment and community.
√	√	√	**Benefits Planning** is a set of services to assist individuals on Social Security benefits (SSI, SSDI, SSI/SSDI) to better understand the impact of working on all benefits.
√	√	√	**Community Guide:** Direct assistance (1:1) to persons in brokering community resources. Provides information and assistance that help the person in problem solving, decision making, and developing supportive community relationships and other resources that promote implementation of the person-centered plan.
√	√	√	**Electronic Home-Based Services** are goods and services based on Smart Home© technology that can be used in the individual's residence to support greater independence and self-determination. This includes purchases of electronic devices, software, services, and supplies not otherwise provided through this waiver or through insurance.
	√		**Individual and Family/Caregiver Training** is training and counseling to individual, families and caregivers to improve supports or educate the individual to gain a better understand of his/her abilities or increase his/her self-determination/self-advocacy abilities.
√	√	√	**Environmental modifications** are physical adaptations to the individual's primary home or primary vehicle that are necessary to ensure the health and welfare of the individual or enable the individual to function with greater independence.
√	√	√	*** Employment and Community Transportation:** Transportation to waiver and other community services or events, activities and resources, inclusive of transportation to employment or volunteer sites, homes of family or friends, civic organizations or social clubs, public meetings or other civic activities, and spiritual activities or events as specified by the service plan and when no other means of access is available.
√	√	√	**Peer Mentor Supports** is designed to foster connections and relationships which build individual resilience. This service is delivered by individuals with developmental disabilities who are or have received services, have shared experiences with the individual, and provide support and guidance to him/her.
√	√	√	**Transition services** are nonrecurring set-up expenses for individuals who are transitioning from an institution or provider-operated living arrangement to a living arrangement in a private residence where the person is directly responsible for his or her own living expenses.

BI	FI	CL	Residential Options
√			**Independent Living Supports** are provided to adults (18 and older) and offer skill building and support to secure a self-sustaining, independent living situation in the community and/or may provide the support necessary to maintain those skills.
√	√	√	**Shared Living** is a support to an individual who resides in his/her own home/apartment in the community with a room- mate of the individual's choosing. The roommate receives a stipend funded by Medicaid for a portion of the total cost of rent, food, and utilities in exchange for providing minimal supports.
	√	√	**In-Home Supports** take place in the individual's and/or family's home or community settings. Services are designed to ensure the health, safety and welfare of the individual and expand daily living skills.
	√	√	**Supported Living** takes place in an apartment setting operated by a DBHDS licensed provider and provides 'round the clock availability of staff. Direct support services are performed by paid staff who have the ability to respond in timely manner enabling individuals to reside successfully in their home and community.
		√	**Group Home Residential** services are provided in a DBHDS licensed home with staff available 24 hours per day to provide skill building and other direct supports as necessary to enable each person to reside successfully in the community.
		√	**Sponsored Residential Services** take place in a DBHDS licensed family home where the homeowners are the paid caregivers ("sponsors") who provide support as necessary so that the individual can reside successfully in the home and community.
BI	**FI**	**CL**	**Self-Directed and Agency-Directed Options (*self-directed only)**
	√	√	**Consumer-Directed Services Facilitation*** assists the individual and/or the individual's family/caregiver in arranging for and managing consumer-directed services.
	√	√	**Companion** services provide nonmedical care, socialization, or support to adults, ages 18 and older in an individual's home and/or in the community.
	√	√	**Personal Assistance Services** includes monitoring health status, assisting with maintaining a clean and safe home and providing direct support with personal care needs at home, in the community, and at work.
	√	√	**Respite** services are specifically designed to provide temporary, short term care for an individual when his/her unpaid, primary caregiver is unavailable.

BI	FI	CL	Medical and Behavioral Support Options
	√	√	**Private Duty Nursing** is individual and continuous care (in contrast to part-time or intermittent care) for individuals with a medical condition and/or complex health care need, to enable the individual to remain at home.
	√	√	**Skilled Nursing** is part-time or intermittent care provided by an LPN or RN to address or delegate needs that require the direct support or oversight of a licensed nurse. Nursing services can occur at the same time as other waiver services.
	√	√	**Therapeutic consultation** services are designed to complete assessments, design plans and teach staff and family members skills to enhance the individual's independence and remain in his/her home in the community. The specialty areas are psychology, behavioral consultation, therapeutic recreation, speech and language pathology, occupational therapy, physical therapy, and rehabilitation engineering.
√	√	√	**Personal Emergency Response System (PERS)** is a service that monitors the individual's safety in his/her home, and provides access to emergency assistance for medical or environmental emergencies through the provision of a two-way voice communication system that dials a 24-hour response or monitoring center upon activation and via the individual's home telephone system