

February 2026

Office of Integrated Health Supports Network

The Office of Integrated Health – Health Supports Network Regional Community Nursing Meetings

“A safe space for nurses to discuss challenges, experiences, and ask questions.”

Goals

- To ensure individuals with intellectual and developmental disabilities are receiving needed services.
- To provide a forum in which nurses (and others) can discuss ideas, challenges, policy needs (e.g. health policies, which affect individuals with IDD, to bring policy needs forward).
- To provide a forum for caregivers to interact with state agency representatives, to express concerns, develop educational tools and resources, and further enhance train-the-trainer models.

Region 1: February 4, 2026

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/t/a46626e4-0981-44ca-a869-26524b3565eb@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Megan Rogers - megan.m.rogers@graffon.org

Region 2: February 18, 2026

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/t/02a0f44d-b144-42e1-80c8-f094793377a4@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Vacant

Meeting Dates

Region 4: February 9, 2026

11am - 1:00pm

<https://events.gcc.teams.microsoft.com/event/ad8abc4b-1c61-44e2-980b-b81c173e479d@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Jeannette Gholson- jgholson.thc@gmail.com

Region 3: February 20, 2026

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/a3e1ebe1-30b9-4ef4-b061-07d739c95088@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Vacant

Region 5: February 23, 2026

10am - 12:00pm

<https://events.gcc.teams.microsoft.com/event/e344e9aa-1c64-4623-9911-6c78ce6fa79c@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Community Nurse Leader:

Crystal Parker- cparker@uecares.com

Virtual Meeting Platform:

- The Regional Nursing Meetings will be conducted in the Microsoft Office TEAMS Webinar virtual platform. Registration will continue to be required to receive the meeting URL link, and phone access to each meeting. Registering using the URL link prior to the meeting date is recommended to avoid technical issues the day of the meeting. Some regions are beginning to meet in-person and/or hold hybrid meetings.

Presentation:

- There are no additional presentations scheduled for the month of February.

Issues and Concerns Relevant to each Region:

- Open Group Discussion. Please feel free to share general issues or concerns you may be having, to obtain suggestions, resources and feedback from others. The meeting is a safe and supportive place for those providing care to individuals with IDD. Please do not share any personal health information about any individual.

Monthly CNE Opportunity: OIHSN Health & Safety Alert Review and Discussion:

- This month the CNE topic will be Heart Disease Health & Safety Alert. To receive 1 FREE CNE, you must attend the meeting and return the quiz/evaluation by email, fax, or text. Just scan or take a picture of your completed quiz with your smart phone, and text or email it to your regional RNCC, with your name and email address clearly displayed. Your CNE certificate will be emailed back to you at the address on your quiz.

NOTE: You don't have to be a nurse to attend. Anyone can attend the Regional Nurses Meeting of their choice. You do not have to attend the Regional Nursing Meeting where you work or reside. Simply register with the link provided to attend.

The Office of Integrated Health Supports Network Registered Nurse Care Consultants
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Office of Integrated Health Supports Network



OIHSN March Training Schedule



Fatal Seven: Part 2– Reviews aspiration pneumonia, seizures, sepsis and advocacy.

Thursday March 12, 2026, between 1:00 p.m. – 2:30 p.m.

Registration: <https://events.gcc.teams.microsoft.com/event/887a7194-3304-4bbc-98d1-dd522e1552bf@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Diabetes: Part 1– Reviews the definitions of Pre-diabetes, Diabetes Type 1, and Type 2.

Tuesday March 17, 2026, between 11:00 a.m. – 12:30 p.m..

Registration: <https://events.gcc.teams.microsoft.com/event/1183b6a6-ba38-4cfb-a1e3-7368745d6acc@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Diabetes: Part 2– Dehydration, constipation, falls and pressure injuries.

Tuesday March 24, 2026, between 1:00 p.m. – 2:30 p.m.

Registration: <https://events.gcc.teams.microsoft.com/event/43dc33af-dd4e-430e-a013-d7bfdc520338@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

Virginia Navigator is the nation's only public-private partnership 501(c)(3) nonprofit that leverages technology and community collaboration to address the complex needs of older adults, people with disabilities, veterans, and their families and caregivers.

For 25 years, Virginia Navigator has provided more than 24 million resource connections to Virginians. Every day, they connect individuals and families to community programs and services tailored to their own unique needs and circumstances.

They provide free access to a resource directory of over 26,000 local, statewide, and national programs and services. Their resource topics include:

- Advocacy
- Assistive technology
- Caregivers
- Community living options
- Disabilities and health
- Home modifications and equipment
- Individual Supports
- Insurance and benefits
- Legal Services
- Self-determination
- Transitions
- Transportation

The Virginia Navigator library consists of educational articles, local events, helpful links, books, videos, guides and more. Resources topics include information on advocacy, community, family, health, home, planning and transportation.

Virginia Navigator has a statewide network of Navigator Centers located in every city and county across Virginia. They help as many people as possible to gain the support they need.

To find a Navigator Center in your area follow this link:

<https://disabilitynavigator.org/navigator-centers>

Access the Virginia Navigator website for resources and library at:

<https://disabilitynavigator.org/about-us>



disAbilityNavigator
A VirginiaNavigator Website



disAbilityNavigator

disAbilityNavigator is the best way to find disability services in Virginia, including personal assistance, accessible housing, benefits and more.



SeniorNavigator

SeniorNavigator is the trusted guide to healthy aging in Virginia. Search for housing options, transportation programs, caregiving resources, and other services for seniors.



VeteransNavigator

VeteransNavigator helps Virginia veterans and their families navigate post-military life with resources related to benefits assistance, health care, employment training and more.

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