

NORTHWESTERN AREA LHRC

Final Minutes

August 12th, 2025

10:00 AM

209 W. Criser Rd #300, Front Royal, VA 22630

MEMBERS PRESENT

Lisa Parlett

Katie Anderson

James Rankin (Virtual due to illness)

Linda Stasiak

Emma Stasiak

Stacey Umbenour

Cathy Wolfe

Members Absent

Kevin LeVan

OTHERS PRESENT

Heather Hilleary – Human Rights Advocate, DBHDS Region 1

Artea Ambrose-Human Rights Advocate, DBHDS, Region 1

Nikki Reid, Behavior Analyst-Grafton Integrated Health Network

CALL TO ORDER

Stacey Umbenour called the meeting to order at 10:05 AM.

ROLL CALL/ATTENDANCE

Those in attendance made introductions. Chair welcomed attendees.

APPROVAL OF AGENDA

- Motion to approve agenda with removal of hearing made by Cathy Wolfe and seconded by Stacey Umbenour. The committee approved the agenda by unanimous vote

APPROVAL OF MINUTES

NW Area LHRC May 2025 Minutes

- Motion to approve May 2025 minutes made by Cathy Wolfe and seconded by Katie Anderson. The committee approved the minutes by unanimous vote.

PUBLIC COMMENTS

- None

CHAIR ANNOUNCEMENTS

None

Advocate Report and Training

FY2025 Q4 Advocate Comments

ANE Complaints CSB/Providers	
Q3 (FY2024) January 1 – March 31, 2025	Q4 (FY2024) April 1 – June 30, 2025
287	278 (decrease of 9 reports/3 less per month this quarter)
Substantiated = $82/287 = 28.5\%$	Substantiated = $101/278 = 36.3\%$ (increase of approximately 8% rate of substantiation)
Non-ANE Complaints CSB/Providers	
Q3 (FY2024) January 1 – March 31, 2025	Q4 (FY2024) April 1 – June 30, 2025
27	28 (increase of 1 report for the entire quarter)
Substantiated = $3/27 = 11\%$	Substantiated = $2/28 = 7.14\%$ (decrease of approximately 4% rate of substantiation)

Variances

There are currently no variances for community-based providers in Region 1.

Updates

- OHR will be featured on an upcoming “Conversations with the Commissioner” episode. The team members who will be representing who we are and what we do are Andrea Milhouse (R4 Manager), Alonzo Riggins (Training and Development Coordinator), Artea Ambrose (Senior Human Rights Advocate), Jennifer Kovack (Associate Director, Community Operations), and Riley Curran (WSH/CCCA Human Rights Advocate)
- OHR Region 1 will host the next OHR All-Staff meeting in Fall, 2025, in Winchester, Virginia. Advocates from across the state will be in attendance.
- OHR Region 1 will be hosting the October, 2025, SHRC meeting at the Ruth Birch Campus of Grafton Integrated Health Network. We are so very appreciative for Grafton’s willingness to host this committee meeting!
- Mykala Sauls (Human Rights Advocate) was part of the July 2025 Virginia Public Sector Leader I Cohort (VPSL). She represented herself and OHR very well with her characteristic charm!! Congratulations, Mykala, and well done!
- *The next LHRC New Member Orientation will be in September, 2025. Please reach out to an advocate in R1 if you are new to the committee and have not participated in this orientation process.*

- **Check out our recruitment efforts for LHRCs and SHRCs here:**
 - To apply for the **LHRC**, please complete the application here: [LHRC Appointment Application 4.9.24](#)
 - To apply for the **SHRC**, please complete the application here: [SHRC Appointment Application 4.9.24](#)

Upcoming Events

2025 training opportunities are available for Community-Based Providers on the OHR training schedule. Check out the 2025 training opportunities, and register today:

[2025-New-Provider-Orientation-Calendar.pdf](#)

[PDF-2025-Community-Provider-Training-Calendar.Final_.pdf](#)

Upcoming 2025 SHRC Meetings

The full SHRC meeting schedule can be found here: [2025-SHRC-Meeting-Schedule-Web.docx](#)

NEW BUSINESS

- Restriction Reviews- Grafton
- Hearing TV v Mary Washington postponed due to emergency by petitioner.
- Subcommittee formed for postponed hearing: TV v Mary Washington. Subcommittee of the following members was formed: Cathy Wolfe, Stacey Umbenour, and James Rankin and approved by the committee. Hearing will be conducted as virtual meeting. Date of hearing to be determined.

CLOSED SESSION

Upon a motion made by Cathy Wolfe and seconded by Katie Anderson , the committee entered closed session pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose and discussion of restriction reviews.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (lock on bathroom door) for Individual #1.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (lock on bathroom) for Individual #2.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (lock on bathroom door) for Individual #3.

Based on discussion of the need for the restrictive plan, it was recommended to approve of the continuation of the Restriction (lock on closet door) for Individual #4.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (limited internet access) for Individual #5 with the recommendation that the criteria for removal be specific to Individual #5's baseline behaviors (physical and verbal aggressions) that were previously used as criteria of removal of the restriction.

Based on discussion concerning the postponed hearing, TV v Mary Washington, the committee recommended and approved a subcommittee of the following members: Cathy Wolfe, Stacey Umbenour, and James Rankin, who will conduct the hearing virtually (TV v Mary Washington) on a date to be determined.

OLD BUSINESS:

None

RETURN TO OPEN SESSION

A motion was made by Lisa Parlett and seconded by Katie Anderson to return to open session.

Upon reconvening in open session, each member certified that, to the best of each member's knowledge, only private business matters, lawfully exempted from statutory open session requirements and identified in the motion by which the closed session was convened, were considered in the closed session,

- Motion made by Cathy Wolfe and seconded by Linda Stasiak to approve Grafton Restriction (locked bathroom) Review for Individual #1. The committee approved by a unanimous vote.
- Motion made by Cathy Wolfe and seconded by Katie Anderson to approve Grafton Restriction (locked bathroom) Review for Individual #2. The committee approved by a unanimous vote.
- Motion made Cathy Wolfe and seconded by Stacey Umbenour to approve Grafton Restriction (locked bathroom) Review for Individual #3. The committee approved by a unanimous vote.
- Motion made by Cathy Wolfe and seconded by Katie Anderson to approve Grafton Restriction Review (locked closet door) for Individual #4. The committee approved by a unanimous vote.
- Motion made by Cathy Wolfe and seconded by Linda Stasiak to approve Grafton Restriction Review (limited internet access) for Individual #5 with the recommendation that the criteria for removal be specific to Individual #5's baseline behaviors (physical and verbal aggressions) that were previously used as criteria of removal of the restriction. The committee approved by a unanimous vote.
- Motion made by Linda Stasiak and seconded by Katie Anderson for the approval of subcommittee with the following members: Cathy Wolfe, Stacey Umbenour,

and James Rankin; to conduct hearing for TV v Mary Washington on a date to be determined.

Next meeting will be on **November 12th at 10:00 am** at 209 West Criser Rd. #300, Front Royal, VA.

MEETING ADJOURNED

Motion made Cathy Wolfe by and seconded by Katie Anderson to adjourn the meeting. The committee approved by unanimous vote.

Hearing no other business items, Stacey Umbenour adjourned the meeting at 10:46 AM.

Minutes were transcribed by, Heather Hilleary, Human Rights Advocate.