



Caregiver Training Schedule

The Office of Integrated Health Supports Network (OIHSN) at the Department of Behavioral Health and Developmental Services (DBHDS) offers virtual trainings for caregivers of individuals with intellectual and developmental disabilities (DD).

- ★ Pre-registration is required for all virtual training sessions.
- ★ After registering a link will be sent via email to add to your calendar with the link needed to enter the training on the day of.
- ★ Attendees of each OIHSN training sessions will receive a certificate of participation, and a .pdf copy of the PowerPoint presentation along with any other educational materials where applicable.
- ★ OIHSN Trainings are also available on the Commonwealth of Virginia Learn Center (COVLC) at no cost to provider agencies.
 - To set-up an account go to dbhdscovlchelpdesk@dbhds.virginia.gov
 - Follow the instructions to complete the COVLC account set-up <https://dbhds.virginia.gov/wp-content/uploads/2023/09/COVLC-INSTRUCTIONS.09.23.02.pdf>
 - Available 24 hours a day – 7 days a week.
 - Each staff-member/supporter can have their own account connected to an email.
 - Provider agencies can track employee progress.
 - Downloadable resources and certificate of completion available with each training.

Training Title	Description	Date and Time	Registration Link
Falls	This training will review key aspects of falls within the intellectual and developmental disability (I/DD) population. It will cover the percentage of individuals with I/DD who fall annually, common causes of falls, medications that increase fall risk, what to do when a fall occurs, and when to seek medical attention afterward.	Tuesday April 7, 2026 11:00 a.m. - 12:30 p.m.	https://events.gcc.teams.microsoft.com/event/ccbe9d37-4e55-426d-9f51-24a613b8037c@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
Pressure Injuries	This training defines pressure injuries, reviews skin layers, explains risk factors, and individuals most at risk. It covers how pressure injuries are diagnosed and staged and outlines person-centered treatment planning. The training compares positioning devices and support surfaces, defines repositioning and durable medical equipment, and includes special considerations for wheelchair users. It also describes how pressure mapping helps reduce injuries and the importance of promptly reporting and documenting any changes in skin condition.	Thursday April 23, 2026 1:00 p.m. - 2:30 p.m.	https://events.gcc.teams.microsoft.com/event/d73bf9c5-bf1b-40d0-9131-1d1d58e1a6b3@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
Urinary Tract Infections	This training will review the prevalence of urinary tract infections (UTIs) in the I/DD population, the different types of UTIs, and the risk factors associated with them. It will also cover the signs and symptoms of UTIs, treatment options, care considerations, and potential complications related to urinary tract infections. Additionally, the training will address when to seek medical attention, how to obtain a clean-catch urine sample, proper handling of urine specimens, and how a UTI can progress to sepsis.	Tuesday May 12, 2026 1:00 p.m. - 2:30 p.m.	https://events.gcc.teams.microsoft.com/event/2fe4f8b4-47c1-4aab-a7ac-16dc14b41416@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
Seizures	This training will review what a seizure is, the different types of seizures, potential causes, and common signs and symptoms. It will also address why individuals with intellectual and developmental disabilities are at higher risk for seizures, potential complications, and the role of the health care provider in seizure management and treatment.	Thursday May 21, 2026 11:00 a.m. - 12:30 p.m.	https://events.gcc.teams.microsoft.com/event/97a9e651-3eff-4ee7-9734-af90f555e266@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
Falls	This training will review key aspects of falls within the IDD population. It will cover the percentage of individuals with I/DD who fall annually, common causes of falls, medications that increase fall risk, what to do when a fall occurs, and when to seek medical attention afterward.	Thursday June 4, 2026 1:00 p.m. - 2:30 p.m.	https://events.gcc.teams.microsoft.com/event/1d252350-9f1e-424f-ab5b-993ead02df0f@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
Pressure Injuries	This training defines pressure injuries, reviews skin layers, explains risk factors, and individuals most at risk. It covers how pressure injuries are diagnosed and staged and outlines person-centered treatment planning. The training compares positioning devices and support surfaces, defines repositioning and durable medical equipment, and includes special considerations for wheelchair users. It also describes how pressure mapping helps reduce injuries and the importance of promptly reporting and documenting any changes in skin condition.	Tuesday June 16, 2026 11:00 a.m. - 12:30 p.m.	https://events.gcc.teams.microsoft.com/event/c3079a17-117c-4c8d-8684-8bb9d73d5ead@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
Urinary Tract Infections	This training will review the prevalence of urinary tract infections (UTIs) in the IDD population, the different types of UTIs, and the risk factors associated with them. It will also cover the signs and symptoms of UTIs, treatment options, care considerations, and potential complications related to urinary tract infections. Additionally, the training will address when to seek medical attention, how to obtain a clean-catch urine sample, proper handling of urine specimens, and how a UTI can progress to sepsis.	Thursday June 25, 2026 11:00 a.m. - 12:30 p.m.	https://events.gcc.teams.microsoft.com/event/0ce44c5a-278c-4b3a-b9b4-c69e1450e280@620ae5a9-4ec1-4fa0-8641-5d9f386c7309