

HEALTH PLANNING REGIONAL LHRC

Approved Minutes
Monday April 20, 2026
1:00pm

The Norfolk Community Service Board
7447 Central Business Park Dr,
Norfolk Virginia 23513

<https://teams.microsoft.com/meet/2600587575078?p=h0AUGHQkQ7me9xUo>

MEMBERS PRESENT:

Michelle Logan – Member (Chair)
Emily Bebbber – Member (Co-Chair)
Laurie Robins – Member
Melani Rhodes – Member

MEMBERS ABSENT:

Ericka Palmer – Member (Secretary)

OTHERS PRESENT:

Miracle Reed-Thompson – Human Rights Advocate, DBHDS Region 5
Latoya Wilborne- Himan Rights Advocate, DBHDS Region 5
Corie Reed – Human Rights Advocate, DBHDS Region 5
Dana Gillentine-Kempsville Center for Behavioral Health
Brandon Murrer-Harbor Point Behavioral Health Center
Devin Hillard-Community Direct Services
Kurtis Swanson-Community Direct Services

CALL TO ORDER:

Michelle Logan – Acting Chairperson called the meeting to order at 1:12pm

ROLL CALL/ATTENDANCE:

Those in attendance made introductions. Chair welcomes attendees.

APPROVAL OF AGENDA:

Motion to approve the agenda was made by Emily Bebbber and seconded by Laurie Robins.
Motion carried.

APPROVAL OF MINUTES:

Motion to approve the previous minutes for January 26, 2026 was made by Michelle Logan and seconded by Melani Rhodes. Motion carried.

PUBLIC COMMENTS:

None.

CHAIR ANNOUNCEMENTS:

None.

ADVOCATE REPORT AND TRAINING:

Abuse and Neglect Allegations	
October 1, 2025 – December 31, 2025	January 1, 2026 – March 31, 2026
Total Reports: 560 (decrease of 35 cases)	Total Reports: 635 (increase of 75 reports)
Substantiated: 100	Substantiated: 106
Complaints	
October 1, 2025 – December 31, 2025	January 1, 2026 – March 31, 2026
Total Reports: 113	Total Reports: 132 (increase of 19 reports)
Substantiated: 17	Substantiated: 20

Variances

Region 5 continues to have 10 active Variances:

12VAC35-115-50 (7) Communication via telephone: 3

12VAC35-115-50 (8) Visitation: 4

12VAC35-115-100 Restriction on Everyday Freedom: 1

12VAC35-115-100 (A)(1) and (110) Time Out: 1

12VAC35-115-100 (A)(1)(g) Use of Vending Machines: 1

Updates

The Office of Human Rights (OHR) is excited to announce the use of the TRAIN learning management system!

TRAIN will house and streamline access to recorded, live virtual, and live in-person trainings facilitated by the Office of Human Rights. Upon creation of an account, training participants are able to self-manage registration, attendance, and completion of post training assessments. Additionally, TRAIN will maintain a list of the account holders' courses completed or in progress, as well as any certificates associated with completed courses.

Each person who intends to complete one or more courses will need to have an account. Each person must register for each course independently. Accounts cannot be made as an agency. Certificates of completion are connected to individual accounts.

Please refer to the [TRAIN Account Creation – Form Guide](#) before creating a **new** TRAIN account. Clicking the "HELP" tab in your account will give you access to video tutorials about the different features and capabilities in TRAIN, and information about the status of courses completed.

All OHR training sessions will be facilitated through TRAIN. When seeking to register for attendance, please be sure to begin your search for the course title in the search bar - beginning each course search with: **DBHDS: Office of Human Rights**

Current searchable OHR training courses available in TRAIN are listed below:

- DBHDS: Office of Human Rights - Provider Orientation
- DBHDS: Office of Human Rights - Overview of the Human Rights Regulations
- DBHDS: Office of Human Rights - Reporting in CHRIS
- DBHDS: Office of Human Rights - Restrictions, Behavioral Treatment Plans, and Restraints
- DBHDS: Office of Human Rights - Investigating Abuse and Neglect Course*
- DBHDS: Office of Human Rights - Dignity of Risk**

*Please visit the **Training Plan** tab to access these enhanced training modules.

** NEW in-person training with limited capacity.

Questions can be directed to your Regional Manager or the OHR Training & Development Coordinate Alonzo Riggins at alonzo.riggins@dbhds.virginia.gov

[Resources for Licensed Providers - Virginia Department of Behavioral Health and Developmental Services \(DBHDS\)](#)

Upcoming 2026 LHRC and SHRC Meetings

Dates are subject to change based on weather conditions, availability of an in-person quorum of committee members and appropriate and accessible meeting locations.

Anyone may view and listen to open portions of any a Local or State Human Rights Committee meeting via the Microsoft Teams Webinar link for each specific meeting. This information is available on the [Commonwealth Calendar – Home \(virginia.gov\)](#) You can use the following steps to search for LHRC and SHRC meeting information on the Commonwealth Calendar:

- *Select the date range for a meeting you are interested in.*
- *Select the Category for an “Open Meeting”*
- *Select the Sponsor as “Behavioral Health and Developmental Services, Department of”*
- *Enter a specific name of an LHRC, or simply “LHRC” or “SHRC” as a Keyword to assist in your search.*

Any changes to the LHRC meeting schedule will be reflected on the Commonwealth Calendar and parties are encouraged to look at the meeting information on the Commonwealth Calendar prior to planning their attendance

Training:

Complaint and Hearing Process Training

Old Business:

1. Harbor Point Variance Update
2. Kempsville Center for Behavioral Health Variance Update

Kempsville Behavioral Health Center- Variance Quarterly Update

Dana Gillentine-Dana presented for 1st quarter.

- Timeout- (Use of Unit Restriction Policy) (Quarter 1)
 - 2 incidents-1/27/2026 for resident due unsafe self-harmful behaviors. The order was reviewed at 24hrs by physician and discontinued. 3/26/2026 for resident due out of control, aggressive behaviors, and refusing to return to the unit from patio. The order was reviewed at 24hrs by physician and discontinued.
 - 0 complaints
- Telephone/Visitation-
 - 0 complaints or violations
- Vending Machines-
 - 0 complaints or violations

Harbor Point Behavioral Health Center -Variance Quarterly Update

Brandon Murrer- Brandon presented for 1st quarter.

- Restrictions on Freedoms of Everyday Life
 - No complaints or grievances.
 - Average level for the building was 3 of 5

New Business

None.

CLOSED SESSION:

Motion was made by Michelle Logan and seconded by Melani Rhodes at 1:35pm that the HPR5 LHRC will go into closed session pursuant to VA code 2.2-3711 (A), for the purpose of discussing confidential information lawfully exempt from public disclosure review to discuss Restrictions of Everyday Freedom.

RETURN TO OPEN SESSION:

The committee reconvened in open session at 2:06pm by unanimous vote on a motion by Michelle Logan and seconded by Lauri Robins. Each member certified that, to the best of each of their knowledge, only private business matters, lawfully exempted from the statutory open session requirements and identified in the motion by which the closed session was convened, were considered in the closed session, namely for the purposes to discuss Restrictions of Everyday Freedom.

Recommendation: Motion made by Michelle Logan, seconded by Ms. Emily Bebbler and unanimously denied by the committee members as follows:

1. Child Safety lock on refrigerator was not approved by the LHRC for C.B. LHRC recommended that the provider collect more evidence-based data by completing the following:

- a. Monitor and document frequency of behavior, triggers (med change, diet, etc), and time of day behavior occurs
- b. Provide explanation of bathroom door locking mechanism
- c. Create a root cause analysis
- d. Link individual to Behavioral Support Specialist to develop behavioral interventions and supports

MEETING ADJOURNED

Next Meeting Date – Monday July 20, 2026 (Norfolk Community Service Board 7447 Central Business Park Dr., Norfolk Virginia 23513). Hearing no business, Michelle Logan adjourned the meeting at 2:27p.