

NORTHWESTERN AREA LHRC

Final Minutes

May 13th, 2026

10:00 AM

209 W. Criser Rd #300, Front Royal, VA 22630

MEMBERS PRESENT

Lisa Parlett
James Rankin
Emma Stasiak
Stacey Umbenour
Cathy Wolfe
Linda Stasiak

Members Absent

Katie Anderson
Kevin LeVan

OTHERS PRESENT

Heather Hilleary – Human Rights Advocate, DBHDS Region 1
Artea Ambrose-Human Rights Advocate, DBHDS, Region 1
Amber Day-SVCR and Future LHRC Committee Member
Nikki Reid-Grafton Integrated Health Network
Melissa Hogan-Grafton Integrated Health Network
Sharlene Wade-Wall Residences
Victoria Smith-Wall Residences
Heather Terry-Wall Residences
Rebecca Ledingham-Wall Residences
Demita Taylor-Wall Residences
MT-Individual
Megan Martin-Blue Ridge Day Options
Mary-Ann Gray-EnCircle
Kristin Gillen-EnCircle
Brandon Thornton-Valley CSB
Rachel Lockett-Valley CSB
Melanie Wingfield-Valley CSB

CALL TO ORDER

Stacey Umbenour called the meeting to order at 10:04 AM.

ROLL CALL/ATTENDANCE

Those in attendance made introductions. Chair welcomed attendees.

APPROVAL OF AGENDA

- Motion to approve agenda with changes (removal of item e. Reappointment Application Katie Anderson due to absence from illness) was made by Cathy Wolfe and seconded by James Rankin. The committee approved the agenda by unanimous vote.

APPROVAL OF MINUTES

NW Area LHRC February 2026 Minutes

- Motion to approve February 2026 minutes made by Cathy Wolfe and seconded by Stacey Umbenour. The committee approved the minutes by unanimous vote.

PUBLIC COMMENTS

- None

CHAIR ANNOUNCEMENTS

None

Advocate Report and Training

FY2026 Q3 Advocate Comments

ANE Complaints CSB/Providers	
Q2 (FY2026) October 1 – December 31, 2025	Q3 (FY2026) January 1 – March 31, 2026
258	228 (decrease of 30 reports for the quarter)
Substantiated = 75/258 = 29%	Substantiated: 63/228 = 27% (decrease of 2% rate of substantiation)
Non-ANE Complaints CSB/Providers	
Q2 (FY2026) October 1 – December 31, 2026	Q3 (FY2026) January 1 – March 31, 2026
33	35 (increase of 2 reports)
Substantiated = 6/33 = 18%	Substantiated = 3/35 = 8.6% (decrease of approximately 10% rate of substantiation)

Variances

There are currently no variances for community-based providers in Region 1.

Updates

- **Check out our recruitment efforts for LHRCs and SHRCs here:**
 - To apply for the **LHRC**, please complete the application here: [LHRC Appointment Application 4.9.24](#)
 - To apply for the **SHRC**, please complete the application here: [SHRC Appointment Application 4.9.24](#)

Upcoming Events

The Office of Human Rights (OHR) is excited to announce the use of the TRAIN learning management system!

TRAIN will house and streamline access to recorded, live virtual, and live in-person trainings facilitated by the Office of Human Rights. Upon creation of an account, training participants are able to self-manage registration, attendance, and completion of post training assessments. Additionally, TRAIN will maintain a list of the account holders' courses completed or in progress, as well as any certificates associated with completed courses.

Each person who intends to complete one or more courses will need to have an account. Each person must register for each course independently. Accounts cannot be made as an agency. Certificates of completion are connected to individual accounts.

Please refer to the [TRAIN Account Creation – Form Guide](#) before creating a **new** TRAIN account. Clicking the "HELP" tab in your account will give you access to video tutorials about the different features and capabilities in TRAIN, and information about the status of courses completed.

All OHR training sessions will be facilitated through TRAIN. When seeking to register for attendance, please be sure to begin your search for the course title in the search bar - beginning each course search with: **DBHDS: Office of Human Rights**

Current searchable OHR training courses available in TRAIN are listed below:

- DBHDS: Office of Human Rights - Provider Orientation
- DBHDS: Office of Human Rights - Overview of the Human Rights Regulations
- DBHDS: Office of Human Rights - Reporting in CHRIS
- DBHDS: Office of Human Rights - Restrictions, Behavioral Treatment Plans, and Restraints
- DBHDS: Office of Human Rights - Investigating Abuse and Neglect Course*
- DBHDS: Office of Human Rights - Dignity of Risk**

*Please visit the **Training Plan** tab to access these enhanced training modules.

** NEW in-person training with limited capacity.

Questions can be directed to your Regional Manager or the OHR Training & Development Coordinate Alonzo Riggins at alonzo.riggins@dbhds.virginia.gov

[Resources for Licensed Providers - Virginia Department of Behavioral Health and Developmental Services \(DBHDS\)](#)

Upcoming 2026 LHRC and SHRC Meetings

Dates are subject to change based on weather conditions, availability of an in-person quorum of committee members and appropriate and accessible meeting locations.

Anyone may view and listen to open portions of any a Local or State Human Rights Committee meeting via the Microsoft Teams Webinar link for each specific meeting. This information is available on the [Commonwealth Calendar – Home \(virginia.gov\)](https://www.virginia.gov/commonwealth-calendar) You can use the following steps to search for LHRC and SHRC meeting information on the Commonwealth Calendar:

- *Select the date range for a meeting you are interested in.*
- *Select the Category for an “Open Meeting”*
- *Select the Sponsor as “Behavioral Health and Developmental Services, Department of”*
- *Enter a specific name of an LHRC, or simply “LHRC” or “SHRC” as a Keyword to assist in your search.*

Any changes to the LHRC meeting schedule will be reflected on the Commonwealth Calendar and parties are encouraged to look at the meeting information on the Commonwealth Calendar prior to planning their attendance

NEW BUSINESS

- Restriction Reviews
 - Grafton Integrated Health Network
 - Wall Residences
 - Valley CSB
 - EnCircle
 - LHRC Member Commitment Ending June 30, 2026 for Kevin LeVan, Stacey Umbenour, Emma Stasiak, and Linda Stasiak

CLOSED SESSION

Upon a motion made by Stacey Umbenour and seconded by Cathy Wolfe the committee entered closed session pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose and discussion of restriction reviews. .

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (Grafton) for Individual #1.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (Grafton) for Individual #2

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (Grafton) for Individual #3.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction #1(Grafton) for Individual #4.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction #2 (Grafton) for Individual #4.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction #3 (Grafton) for Individual #4.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (Wall) for Individual #5.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (Wall) for Individual #6.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (Wall) for Individual #7 with follow-up from the Human Rights Advocate.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (Wall) for Individual #8 with recommendation for the provider to develop a fading process, decrease time period of criteria for removal, and explore monitoring tool options.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (Valley CSB-) for Individual #9.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction #1 (EnCircle-) for Individual #10.

Based on discussion of the need for the restrictive plan, it was recommended to NOT approve continuation of the Restriction #2 (EnCircle-locks on exterior doors) for Individual #10.

OLD BUSINESS:

Immanuel Residential Services reported that after speaking with the provider, it was recommended that they move forward with the locks on the cabinets per the doctor's orders based on the level of supervision that is required and that full extent of the individual's behaviors as outlined in the assessment were not fully apparent at the last meeting. The advocate requested that the provider send the updated/current restriction review to the advocate by April 29, 2026 for this meetings agenda. However, provider failed to do that and stated they misunderstood and will move forward with presenting at next LHRC meeting scheduled next month. Provider will be present for the meeting to present restriction review accurately.

RETURN TO OPEN SESSION

A motion was made by Stacey Umbenour and seconded by Cathy Wolfe to return to open session.

Upon reconvening in open session, each member certified that, to the best of each member's knowledge, only private business matters, lawfully exempted from statutory open session requirements and identified in the motion by which the closed session was convened, were considered in the closed session,

- Motion made by Cathy Wolfe and seconded by Stacey Umbenour that Grafton Integrated Health Network Restriction Review for Individual #1 is being implemented in accordance with Human Rights Regulations. The committee approved by a unanimous vote.
- Motion made by Stacey Umbenour and seconded by Cathy Wolfe that Grafton Integrated Health Network Restriction Review for Individual #2 is being implemented in accordance with Human Rights Regulations. The committee approved by a unanimous vote.
- Motion made by Stacey Umbenour and seconded by James Rankin that Grafton Integrated Health Network Restriction Review for Individual #3 is being implemented in accordance with Human Rights Regulations. The committee approved by a unanimous vote.
- Motion made by Cathy Wolfe and seconded by Stacey Umbenour that Grafton Integrated Health Network Restriction Review #1 for Individual #4 is being implemented in accordance with Human Rights Regulations. The committee approved by a unanimous vote.
- Motion made by Cathy Wolfe and seconded by Stacey Umbenour that Grafton Integrated Health Network Restriction Review #2 for Individual #4 is being implemented in accordance with Human Rights Regulations. The committee approved by a unanimous vote.
- Motion made by Cathy Wolfe and seconded by Stacey Umbenour that Grafton Integrated Health Network Restriction Review #3 for Individual #4 is being implemented in accordance with Human Rights Regulations. The committee approved by a unanimous vote.
- Motion made by Cathy Wolfe and seconded by James Rankin that Wall Residences Restriction Review for Individual #5 is being implemented in accordance with Human Rights Regulations. The committee approved by a unanimous vote.
- Motion made by Cathy Wolfe and seconded by Stacey Umbenour that Wall Residences Restriction Review for Individual #6 is being implemented in accordance with Human Rights Regulations. The committee approved by a unanimous vote.
- Motion made by Cathy Wolfe and seconded by Stacey Umbenour that Wall Residences Restriction Review for Individual #7 is being implemented in accordance with Human Rights Regulations. The committee approved by a

unanimous vote with recommendation that there is follow-up by the Human Rights Advocate.

- Motion made by James Rankin and seconded by Stacey Umbenour that Wall Residences Restriction Review for Individual #8 is being implemented in accordance with Human Rights Regulations. The committee approved with a recommendation for follow up by Human Rights advocate by a unanimous vote with the recommendation that provider develop a fading process, decrease time period of criteria for removal, and explore monitoring tool options.
- Motion made Cathey Wolfe and seconded by Stacey Umbenour to approve Valley CSB Restriction Review for Individual #9. The committee approved by a unanimous vote.
- Motion made Cathy Wolfe and seconded by Stacey Umbenour to approve EnCircle Restriction Review #1 for Individual #10. The committee approved by a unanimous vote.
- Motion made Cathy Wolfe and seconded by James Rankin to NOT approve EnCircle Restriction Review #2 for Individual #10. The committee approved by a unanimous vote.

Next meeting will be on **August 12th at 10:00 am** at 209 West Criser Rd. #300, Front Royal, VA.

MEETING ADJOURNED

Motion made Cathy Wolfe by and seconded by Stacey Umbenour to adjourn the meeting. The committee approved by unanimous vote.

Hearing no other business items, Stacey Umbenour adjourned the meeting at 11:58 AM.

Minutes were transcribed by Heather Hilleary, Human Rights Advocate.