



Caregiver Training Schedule

The Office of Integrated Health Supports Network (OIHSN) at the Department of Behavioral Health and Developmental Services (DBHDS) offers virtual training for support persons of individuals with intellectual and developmental disabilities (DD).

- ★ Pre-registration is required for all virtual training sessions.
- ★ After registering a link will be sent via email to add to your calendar with the link needed to enter the training on the day of.
- ★ Attendees of each OIHSN training sessions will receive a certificate of participation, and a .pdf copy of the PowerPoint presentation along with any other educational materials where applicable.

The OIHSN RNCC team are available to schedule private training sessions for licensed provider agencies in the community by request. Contact the RNCC team at communitynursing@dbhds.virginia.gov if you are interested in setting this up.

OIHSN Trainings are also available on the Commonwealth of Virginia Learn Center (COVLC) at no cost to provider agencies.

- ★ To set-up an account, go to: dbhdscovlchelpdesk@dbhds.virginia.gov
- ★ For instructions, go to: <https://dbhds.virginia.gov/wp-content/uploads/2023/09/COVLC-INSTRUCTIONS.09.23.02.pdf>
- ★ The COVLC is available 24 hours a day – 7 days a week.
- ★ Each staff-member/caregiver can have their own account connected to an email.
- ★ Provider agencies can track employee progress.
- ★ Downloadable resources and certificate of completion available with each training.

Training Title	Description	Date and Time	Registration Link
Diabetes Part 1	This training will explain the definitions of Pre-diabetes, Diabetes Type 1, and Type 2, review risk factors which contribute to diabetes, hyperglycemia, hypoglycemia, learn how to identify carbohydrates and the role they play, medical complications, who is at higher risk for developing diabetes, and interventions to promote self-management of diabetes.	Thursday October 8, 2026, 11:00 a.m. – 12:30 p.m.	https://events.gcc.teams.microsoft.com/event/b365ea39-940e-4664-8ee2-42ebcee234fa@620ae5a9-4ec1-4fa0-8641-5d9f386c7309?source=copyLinkLegacyShareLinkDialog
Diabetes Part 2	This training will review Diabetes management and complications. It will cover dietary strategies for managing diabetes, super foods, and treatments, list types of physical activities best for diabetics, discuss barriers to physical activity for individuals with IDD, review the healthcare professional on the care team, and offer foot care, skin care, and eye care tips.	Thursday October 15, 2026, 1:00 p.m. – 2:30 p.m.	https://events.gcc.teams.microsoft.com/event/463337c5-7bde-4fb7-aeaa-729b49358798@620ae5a9-4ec1-4fa0-8641-5d9f386c7309?source=copyLinkLegacyShareLinkDialog
Fatal 7 Part 1	The Fatal Seven- Part 1 review includes the signs and symptoms of dehydration, constipation, pressure injuries, and falls. Support tips focus on recognition of early symptoms, and when to seek medical treatment or emergency medical care.	Thursday October 20, 2026, 11:00 a.m. – 12:30 p.m.	https://events.gcc.teams.microsoft.com/event/17ad39b5-904c-4687-b902-8c42fd39f618@620ae5a9-4ec1-4fa0-8641-5d9f386c7309?source=copyLinkLegacyShareLinkDialog
Fatal 7 Part 2	The Fatal Seven- Part 2 review includes the signs and symptoms of aspiration pneumonia, seizures, sepsis and advocacy. Support tips focus on recognition of early symptoms, when to seek medical treatment, when to seek emergency medical care and advocacy tips.	Thursday November 5, 2026, 1:00 p.m. – 2:30 p.m.	https://events.gcc.teams.microsoft.com/event/03453b9a-d673-44e0-8073-1b23d7122243@620ae5a9-4ec1-4fa0-8641-5d9f386c7309?source=copyLinkLegacyShareLinkDialog
Falls	Review the accepts of Falls relating to the intellectual and developmentally disabled population (I/DD). It will cover information on what percentage of individuals with I/DD fall annually, what might cause an individual with I/DD to fall, what medications increase the chances of falls, what to do if a fall occurs and when to seek medical help after a fall.	Thursday November 12, 2026, 11:00 a.m. – 12:30 p.m.	https://events.gcc.teams.microsoft.com/event/e022afed-4952-4bc7-a845-4b613acba9ba@620ae5a9-4ec1-4fa0-8641-5d9f386c7309?source=copyLinkLegacyShareLinkDialog
COVLC My Care Passport	Training will review the background of the Passport concept, how to complete the Microsoft fillable file, types of information to include in each section, and how the My Care Passport along with the Advocacy Tip Sheets can be used to bridge the communication gap between the community caregiver and the staff in acute care settings to improve care and outcomes for the individual with DD.	24 hours a day- 7 days a week.	https://COVLC.Virginia.gov To set up an account email: DBHDSCOVLChelpdesk@DBHDS.Virginia.gov